

Balance Wheel

How do you feel?

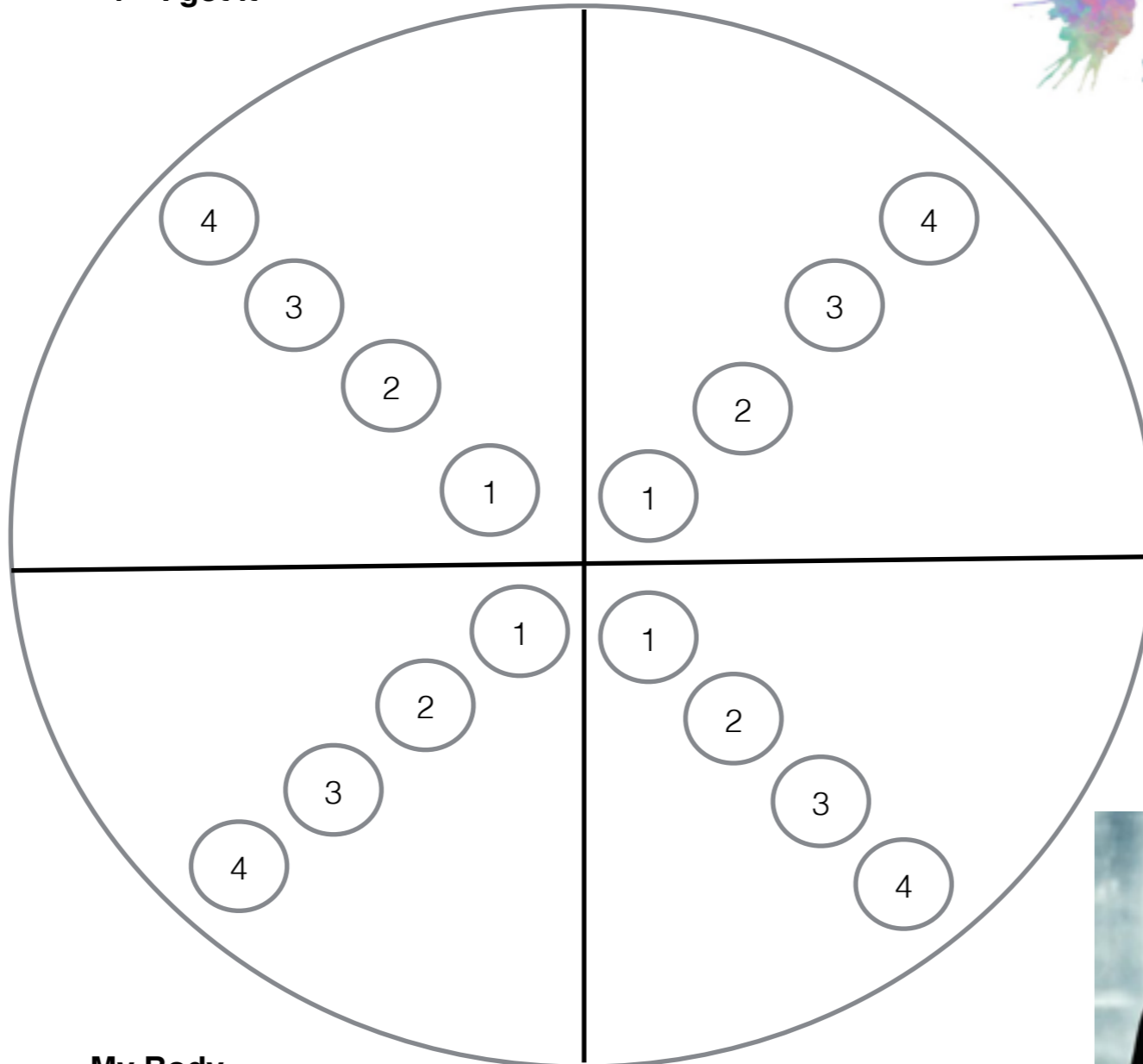
- 1 = I need to get better
- 2 = I am working on it
- 3 = I am getting better
- 4 = I got it



My Spirit
Community
Religion
Peace



My Heart
Family
Friends
Feelings



My Body
Sports
Health
Beauty



My Mind
School
Learning
Abilities